

# Jason Reid, Human-Centered Leadership Speaker

## Jason Reid Bio (150 words)

Jason Reid is a leadership speaker and communication expert who helps organizations build trust, engagement, and adapt to change through more human-centered leadership. A former head of content for a national television network, Jason led high-performing teams through rapid change and intense pressure, doubling productivity and guiding his department to national and international journalism awards for the first time in its history.

Jason's work is shaped by lived experience managing teams while navigating invisible disabilities. His message is grounded, practical, and deeply relatable, showing leaders how authenticity, clear communication, and vulnerability drive real performance.

With a background in journalism and comedy writing, Jason delivers story-rich keynotes that balance insight with humor. He is the author of *Embracing Invisible Disabilities in the Workplace* and is trusted by organizations across North America to help leaders connect, communicate, and lead through change more effectively.

## Jason Reid Bio (50 words)

Jason Reid is a leadership speaker and communication expert who helps organizations build trust, engagement, and resilience through human-centered leadership. A former television executive, he led teams through rapid change while doubling productivity. Drawing on lived experience and storytelling, Jason delivers practical, insightful keynotes that help leaders connect, communicate, and lead more effectively.

